

# Curriculum Vitae

## Michael Alan Yergler, M.D.

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### **Office Address**

South Bend Orthopaedic and Sports Medicine  
53880 Carmichael Drive  
South Bend, Indiana 46635  
(800) 424-0367

### **Education**

#### High School Education

Graduate Riley High School – South Bend, Indiana - 1987

#### Undergraduate

Purdue University  
West Lafayette, Indiana  
August 1987 – May 1991  
Degree: Bachelor of Science  
Biology Major  
Alpha Epsilon Delta

#### Medical Education

Indiana University School of Medicine  
University of Notre Dame, August 1991 – June 1993  
Indianapolis, Indiana, July 1993 – May 1995  
Degree: Doctor of Medicine  
-Alpha Omega Alpha 1994  
-Member American Medical Association 1991, 1992, 1993, 1994  
-Indianapolis University Scholarship Committee, E.B. Rinker  
Scholarship for Academic Achievement, 1991, 1992, 1993, 1994  
-Indiana University Summer Fellowship in Physiology at the  
University of Notre Dame, 1992.

#### Internship

University of Florida College of Medicine  
Department of General Surgery  
Chairman – Timothy Flynn, M.D.  
Shands Hospital at the University of Florida  
Gainesville, Florida  
July 1995 – June 1996

## Residency

University of Florida College of Medicine  
Department of Orthopaedics  
Chairman – B. Hudson Berrey  
Shands Hospital at the University of Florida  
Gainesville, Florida  
July 1996 – June 2000  
Graduation June 2000

## Fellowship

San Diego Arthroscopy and Sports Medicine  
Chairman – James P. Tasto, M.D.  
San Diego Sports Medicine  
San Diego, California  
University of California, San Diego  
La Jolla, California  
August 2000 – July 2001

## **Certification and Licensure**

State of Florida Medical License  
License No. ME-0072869  
April 1997 – Expires January 2002

State of Indiana Medical License  
License No. 01054829A

State of California Medical License  
License No. A070452  
Expires May 2003

USMLE Parts I, II, & III Passed

American Board of Orthopedic Surgery  
Written Board Exam July 2000 – Passed/Board Certified  
Board Certified - oral examination passed July 2003  
2010 Subspecialty Certificate in Orthopaedic Sports Medicine-passed Nov 2010  
AOSSM Sports Medicine Fellow Exam, March 2001 - Passed

## **Professional Experiences**

### Residency

High School Football Team Physician  
Hawthorne High School  
Hawthorne, Florida  
Fall 1996, 1997, 1998, 1999

High School Preseason Physicals Participant  
Florida Regional High Schools  
Gainesville, Florida  
1996, 1997, 1998, 1999

University of Florida Preseason Physicals Participant  
Gainesville, Florida  
1997, 1999

University of Florida Clinical Musculoskeletal Pathology Seminar, Assistant  
Instructor, William F. Enneking Director.  
Marineland, Florida, October 26 – November 7, 1997

Elective in Sports Medicine  
University of Notre Dame, Memorial Hospital,  
Saint Joseph Medical Center, &  
South Bend Orthopaedic and Sports Medicine Clinic  
South Bend, Indiana  
August 1998 – September 1998

Veterans Administration  
Gainesville Veterans Administration Hospital  
Gainesville, Florida  
Compensation & Pension Exams 1997-2000

Assistant Anatomy Lab Instructor of Upper Extremity for First Year  
Medical Students  
Indiana University School of Medicine at the University of Notre Dame  
August 1998 – September 1998

NASA Space Shuttle Disaster/Emergency Physician Training Course  
Kennedy Space Center  
Cape Canaveral, Florida  
September 1999

Space Shuttle Discovery Launch Emergency Physician Coverage  
Kennedy Space Center  
Cape Canaveral, Florida  
October 1999

Space Shuttle Endeavor Launch Emergency Physician Coverage  
Kennedy Space Center  
Cape Canaveral, Florida  
January 2000

## Fellowship

Preseason High School Physicals  
San Diego Area Schools  
San Diego, California  
August 2000 – September 2000

High School Team Physician  
West Hills High School  
Santee, California  
Fall 2000

San Diego State University  
Preseason Athletic Physicals  
Team Physician, Men's & Women's Soccer  
Men's & Women's Basketball  
Assistant Team Physician, Football  
Fall 2000 & Spring 2001

University of California, San Diego  
Preseason Athletic Physicals  
Physician Coverage of Men's & Women's Athletics  
Fall 2000 & Spring 2001

Grossmont College  
Preseason Physicals  
Football Team Physician & Training Room Physician  
Fall 2000 – Spring 2001

San Diego Gulls Professional Hockey  
West Coast Hockey League  
Preseason Physicals  
Physician Game Coverage  
Fall 2000 – Spring 2001

Beach Volleyball Association  
San Diego Woman's Professional Volleyball  
Tournament Physician Coverage  
August 2000

Senior Games Physician Coverage  
San Diego, California  
September 2000

United States Soccer Federation  
Men's Olympic Soccer Team Physicals  
Physician Game Coverage  
Olympic Training Center  
Chula Vista, California  
January 2001

San Diego Padres Assistant Team Physician Coverage.  
Major League Baseball  
Dr. Jan Fronck Team Physician  
July, 2001

### Practice

Assistant Orthopedic Surgeon/Team Physician  
University of Notre Dame Athletics  
2001-Present

Memorial Trauma Orthopedic Surgeons  
2001-Present

Ehlers-Danlos National Professional Advisory Council  
2002- Present

Attending- Sports Medicine Institute/Notre Dame Primary Care Sports Medicine  
Fellowship

### **Memberships**

American Academy of Orthopaedic Surgeons  
American Orthopaedic Society for Sports Medicine – Active  
Arthroscopy Association of North America – Active  
Indiana State Medical Association  
Indiana Orthopaedic Society

### **Research/Presentations/Educational Experiences**

“Blood Pressure Regulation in Teleost Fish”  
Advisor: K. Olsen, PhD.  
Indiana University 1992

“Anterior Cruciate Rupture in a Varsity College Kicker/Punter”  
University of Notre Dame/ South Bend Orthopaedic & Sports Medicine  
Presented as a Guest Speaker at the Indiana Orthopaedic Society  
March 1993

“Evaluation of Inter & Intra Examiner Reproducibility in Scoring  
Fluoroscopically Guided Post-Operative Total Knee Arthroplasty  
Radiographs”  
Heck, D. A. & Yergler, M. A.  
May 1995

“Patellar Instability”  
University of Florida Orthopaedic Surgery  
Sports Medicine Grand Rounds  
May 1999

“Sports Related Elbow Injuries in Children”  
University of Florida Orthopedic Surgery  
Pediatric Grand Rounds  
February 2000

“Humeral Version in the Throwing Athlete with Postero-superior Glenoid Impingement”  
Yergler, M. A., Meister, K.  
Presented at the University of Florida Research Presentation Conference  
June 2000

“Ulnar Collateral Ligament Injuries in Throwing Athletes”  
University of California, San Diego  
Orthopaedic Grand Rounds  
October 2000

Clinical Lab Instructor, “Orthopedic Physical Exam”  
Primary Care Orthopedic Conference  
La Jolla, CA  
October 2000

Clinical Lab Instructor, “The Shoulder”, “The Elbow”, and “The Ankle”  
University of California, San Diego  
Anatomy Cadaver Lab Series for Primary Care Sports Medicine  
Residents & Fellows  
Fall 2000 – Spring 2001

“Side to Side Arthroscopic Rotator Cuff Repair”  
Focus Demonstration Presentation  
Assistant to Dr. Esch  
Arthroscopy Association of North America  
Fall course  
Palm Desert, California  
November 2000

“Surgical Approaches to the Shoulder”  
M Yergler, S Ash, W Ciccone, J Esch, J Tasto  
San Diego Sports Medicine  
Instructional course video, January 2001

“The Knee: Normal Activity & Function”  
Tasto, J. Yergler, M. A.  
Presented at the American College of Sports Medicine  
February 2001

Partial Thickness Rotator Cuff Tears. Esch, James and Yergler, Michael  
Surgical Techniques for the Shoulder and Elbow  
Edited by F. Alan Barber and Scott Fischer. Thieme Press 2003

Calcific Tendonitis. Esch, James and Yergler, Michael  
Surgical Techniques for the Shoulder and Elbow  
Edited by F. Alan Barber and Scott Fischer. Thieme Press 2003

“Arthroscopic Repair of Partial Thickness Rotator Cuff Tears”-Surgical Outcome  
Research  
M Yergler, J Esch  
February 2001

Clinical Lab instructor, “Alex Shoulder model”, “Arthroscopic Repair of Rotator  
Cuff Tears”, “Arthroscopic Bankart Repairs”.  
San Diego Shoulder Course. J Esch.  
June 2001.

Assistant Anatomy Lab Instructor of Shoulder and Knee  
Medical Students Indiana University School of Medicine at the University of Notre  
Dame  
2001/2002

“Modern Sports Medicine.” Lecture and introduction for Annual Midwest Coaches  
Clinic at the College Football Hall of Fame.  
February 2002

Trauma Committee Member-Memorial Hospital of South Bend.  
2001- present

Participant in Primary Care Sports Medicine Fellow Education Conferences and  
Journal Club  
2001- present

Free Knee Screening for Knee Stability/Osgood-Schlatter’s Disease at Memorial Health  
Discovery Center  
2002, 2003, 2004

Free Knee Arthritis Screening – Zimmer  
Wal-Mart – Goshen – 2002

Sports Related Hip Injuries & Hip Arthroscopy  
Sports Talk Radio 960 am 9/24/02

Association of periOperative Registered Nurses  
St. Joseph Community Hospital  
Topic: Understanding Arthroscopic Shoulder Surgery  
October 8, 2002 5:30 p.m.

7<sup>th</sup> Annual Notre Dame Orthopaedic Society Symposium  
University of Notre Dame  
October 4, 2002 1:50 p.m.  
Arthroscopic Rotator Cuff Repairs  
Moderators: Anthony Romeo, MD, David Bankoff, MD, Frederick Ferlic, MD

Understanding Arthroscopy Surgery

OR Nurses at Memorial Hospital  
November 8, 2002

Arthroscopic Hip /Shoulder Surgery  
Sports Medicine Fellows and Residents – Memorial  
December 9, 2002

Understanding Arthroscopic Shoulder Surgery  
Sports Medicine Fellows  
August 30, 2004

Grand Rounds – Understanding Arthroscopic Shoulder Surgery  
Primary Care Physicians  
January 29, 2003

American Physical Therapy Association Northern Indiana  
Understanding Shoulder Arthroscopic Surgery  
February 25, 2003

Sports Talk Radio 960 am  
Cervical Spine Injury/Concussion 11/14/02  
Sports Related Injuries 2-27-03  
Little League Elbow injuries etc. 6-24-03  
Shoulder and Elbow throwing injuries 6-1-04  
Hamstring injuries in football 8-5-04  
“High School Team Physician Coverage” 2-14-05  
“Injuries in the Throwing Shoulder”- 7-28-05  
“Baseball Injuries” 5/06

Masters in Hip Arthroscopy  
AAOS Learning Center, Rosemont, IL  
March 28 and 29, 2003

Hip Arthroscopy  
Visiting Surgeon Experience  
Marc Philippon  
University of Pittsburgh – 11/2003

Community Service Talk at University Park Mall 6-30-03  
Why Knees Hurt?

Community Service Talk at University Park Mall  
September 28, 2003 - Shoulder Pain

Hip Arthroscopy – Modern Techniques  
Sports Fellows – October 6, 2003

Hip/Shoulder Arthroscopy – Modern Techniques Lecture  
INSPAN – October 13, 2003



Minimally Invasive Total Hip/Knee Surgery  
Rush University  
Chicago, Illinois 11/2003

8<sup>th</sup> Annual ND Orthopaedic Symposium  
Hip Arthroscopy in Athletes  
October 17, 2003  
Moderators: Anthony Romeo, M.D., David Bankoff, M.D., Frederick Ferlic, M.D.

Sunburst Race Coverage  
Orthopaedic Surgery  
6/2003, 6/2004, 6/2005, 6/2006, 6/2007, 06/2008, 06/2009

Memorial Health Discovery -  
Shoulder Screening  
3/04, 5/06, 05/07, 04/09

Knee Screening – 3-8-04  
University Park Mall

Shoulder Talk 3-24-04  
University Park Mall

Fox TV News 3-3-04 - Knee Screening  
Fox TV News 3-17-04 – Shoulder Screening

Leighton Center Talk - 8-11-04  
Hip, Knee and Shoulder Problems in Seniors

Clinical Instructor:  
San Diego International Shoulder Meeting  
July 6, 2004 – July 10, 2004  
June 20, 2005-June 23, 2005  
June 20, 2006-June 23, 2007  
June 18, 2008- June 20, 2008

9<sup>th</sup> Annual ND Orthopaedic Symposium  
Hip Arthroscopy in Athletes  
October 8, 2004  
Moderators: Anthony Romeo, M.D., David Bankoff, M.D., Frederick Ferlic, M.D.

“The Throwing Elbow”  
Sports Fellows 12-06-04

Memorial Hospital Knee Screening  
4-8-03, 9-9-03, 6-804, 10-05-05,  
01-24-2007

EDNF National Meeting. Los Angeles, CA 7-21-05  
“Orthopaedic Surgery Consideration in EDS”

Leighton Center Talk - 8-29-2005

“Understanding Arthroscopic Shoulder Surgery”-Talk given to Physical Therapists

Worker’s Compensation Case Manager Presentation-SBO 3-15-06

“Understanding Arthroscopic Shoulder Surgery”-Talk given to nurse practitioners

Indiana Orthopaedic Society 50<sup>th</sup> Annual Meeting-South Bend 4-28-06

“*Posterior tibial tendon allograft in ACLR*”

Michiana Medical Group-09-28-06

“Understanding Shoulder Arthroscopy”

Sports Fellowship Talk-10-02-06

“Understanding Shoulder Arthroscopy”

“Advances in Orthopaedic Surgery”-10/05/06

Guest Speaker-Rotary Club

South Bend Century Center

Indiana High School Football Coaches District #2 Meeting

Guest Speaker-02/21/07, 05/16/07, 05/20/09

DePillar Medical Complex

“Understanding Shoulder Arthroscopy”

02/21/07

WNDU TV Throwing Injury in the Shoulder and Elbow

05/16/2007

St. Joseph Regional Medical Center Education Center

Human Motion Institute--Seminar

“Shoulder pain and Treatment Options”

05/22/2007

St. Joseph Hospital “Physician Flash”

May 2007 Issue

Article on “Hip Arthroscopy”

St. Joseph Hospital “For Life”

Spring 2007 Issue

Article on “Hip Pain and Joint Stiffness”

“ACL Reconstruction with Posterior Tibial Autograft”

Notre Dame Sports Medicine Winter Symposium

January 2008- Chicago

Shoulder and Elbow Screening

Memorial Discovery Health Center

01/17/2008, 06/17/2009, 05/12/2010

“Understanding Arthroscopic Shoulder Surgery”

IU School of Medicine

“Mini Med School” Series

03/04/09

“Understand Arthroscopic Shoulder Surgery”

Memorial Medical Staff

03/11/09

“Disaster Response: The importance of Preparation and Infrastructure.  
The Haiti Experience”

Indiana Chapter American College of Surgeons April 30-May 1, 2010

Haiti Disaster Volunteer Surgeon

2/3/2010-2/10/2010 Milot, Haiti

“The Haiti Experience” 2010 Memorial Trauma Symposium 03/06/2010

“The Haiti Experience” Stanley Clark School 03/19/10

“The Haiti Experience” Bethel College School of Nursing 03/22/10

“The Haiti Experience” Public Forum-John Adams High School 04/28/10

AORN Northern Indiana 11/6/10, 12/10/10

AOSSM Sports Medicine Update Magazine Article

“AOSSM Members Provide Hope for Hundreds in Haiti”

May/June 2010

Memorial Shoulder and Elbow Screening

3/23/2010

District #2 Coaches Clinic Speaker

South Bend, IN

May 19, 2010

“Common Basketball Injuries”

High School Basketball Coaches Clinic

IUSB

11/10/10

WNDU TV

STOP Sports Injuries

Preventing Sport Injuries in Athletes

May 14, 2010

## **Committee Positions**

Memorial Trauma Committee  
2002, 2003, 2004, 2005, 2006, 2007, 2008

Memorial OR Committee  
2004, 2005, 2006, 2007

Memorial Air Medical Transport Committee  
2005, 2006, 2007, 2008, 2009, 2010

Allied Physician Value Committee  
2003, 2004, 2005, 2006, 2007

Ehlers-Danlos National Professional Advisory Council  
2005, 2006, 2007, 2008, 2009, 2010

AOSSM Council Delegate for State of IN  
2009-2012

Vice Chairman of Orthopaedics  
Memorial Hospital  
02/09-02/10, 2/10-2/11

Chairman for South Bend Sports Medicine Fellowship  
Winter Meeting  
01/11/2009-01/12/2009, 01/09/10-01/10/10

STOP-Sports Traumatic Overuse Prevention Program  
South Bend Orthopaedics 4/10